

## Find Out More About Us!

Visit our website:  
[www.fivegablescahome.com](http://www.fivegablescahome.com)

Find us on Facebook:  
Five Gables Care Home



Inspected and rated by



View our latest inspection  
report at [www.cqc.org.uk](http://www.cqc.org.uk)



## How can you contact Five Gables?



01202 875 130



[mail@fivegablescahome.com](mailto:mail@fivegablescahome.com)



268 Station Road  
West Moors  
Ferndown  
Dorset  
BH22 0JF

Please feel free to pop in for a  
chat and a look round the home,  
with a cup of tea and a slice of  
cake on the side!



# Living at Five Gables Care Home



Paddington Care Ltd.

'caring for you during your  
autumn years'

'We care about caring'



### A little bit about Five Gables...

This has been a residential home in the rural village of West Moors, Dorset since 1984, and is run by Samuel and Victoria, directors of Paddington Care Ltd. Victoria has been at Five Gables for 6 years and now running the care home under their own company, has fulfilled her ambitions that she has been working toward since starting her career in social care 10 years ago. Samuel worked at the care home his mother owns for 17 years – this has given them an excellent insight into the nature of this business and are eager to immerse themselves in this new venture, alongside a team of caring and compassionate staff, who are highly trained and focus on person centered care.

### Our Values...

We take pride in promoting independence and the way people choose to live their lives, so it is very important to us that everyone feels valued and safe. At Five Gables, we aim to create a 'home from home' feel for all our residents and this is why we make sure this is somewhere where we would be happy for our own loved ones to live. We really do 'care about caring'.

### What we offer...

We offer the following care services:

- ♥ Long-Term Residential Stay
- ♥ Short-Term Respite Stay
- ♥ Day-Care Support

We are more than happy to talk through these options with you, at any time of the day.



We always aim to promote your independence, although we do have the following facilities available for that extra helping hand with daily tasks:

- ♥ Mobility aids & a Stannah stairlift
- ♥ Walk in shower room & bath with hoist
  - ♥ Raised toilets & commodes
  - ♥ All laundry needs
  - ♥ Support with medication
  - ♥ Personal care needs
- ♥ Dementia-friendly care & activities

### Life at Five Gables...

At Five Gables, we want you to go about day-to-day life as you always have done, and we encourage this by providing opportunities to participate in activities including games, quizzes, arts & crafts, attending outings, socialising and more. We also have a visiting hairdresser, chiropodist and optician. Residents enjoy 'the simplicities of life', from a spot of gardening, to baking, to hanging the washing on the line.

Our homemade meals are all freshly prepared each day by our cooks, with a variety of choices available to meet all your dietary requirements.



### Accommodation...

We have twelve bedrooms of varied sizes, all with ensuite or nearby bathroom access – we encourage you to bring in personal belongings to make you feel at home. We have a dining/lounge area with access to our beautiful garden. We also have a separate lounge that is always available, for anyone who would like to go somewhere a little quieter or more private, adjoining our stunning sensory courtyard.

All areas of the home are fitted with 24-hour access to the MediCare system, which means you or your loved one will always have peace of mind that help is nearby. All the bedrooms have a television, everyone can access our Wi-Fi for free, and we have recently implemented assistive technology around the home, meaning residents can use Alexa's and interactive devices throughout day to day life to promote their independence and wellbeing.

Visitors are welcome at any time, and relatives are encouraged to join their loved ones at mealtimes if they are able to.

*Furry friends are welcome to visit at any time!*

